



# PR<sub>x</sub>OACT INSIDER

Newsletter



## IMPROVING HEART HEALTH WITH PRIDE



This month, we're continuing to highlight inclusive care practices and encouraging pharmacists to engage people **identifying as 2SLGBTQIA+** in conversations about their heart health. 2SLGBTQIA+ individuals have unique CV risk factors and face many barriers to accessing care. Together, let's build safer, inclusive affirming spaces for everyone to thrive.

### In July, we're holding a **Rainbow Raffle**

Recruiting one patient = one entry into the Rainbow Raffle for your chance to win one of three Amazon gift cards! Bonus entry if the person identifies as 2SLGBTQIA+!



### MVP TEAM OF THE MONTH!



### Sagar Vakil & Team

at **Shoppers Drug Mart Innisfail** have enrolled

**38** patients into PR<sub>x</sub>OACT!

Sagar shares his thoughts on PR<sub>x</sub>OACT:

*"The PR<sub>x</sub>OACT initiative has significantly benefited both my pharmacy and my patients. By going beyond just dispensing medications, we were able to take a more personal and proactive role in our patients' health. Many patients expressed feeling truly cared for, knowing that we were genuinely invested in their well-being. Through targeted interventions, several patients achieved lower HbA1c and blood pressure levels, resulting in a reduced cardiovascular risk. This initiative not only improved clinical outcomes but also strengthened the trust and connection between our pharmacy team and the Innisfail community we serve."*

# Welcome

In May & June, over  
**30 new pharmacists**  
have joined PR<sub>x</sub>OACT!



Since launching:

## 415

patients have been  
enrolled!!

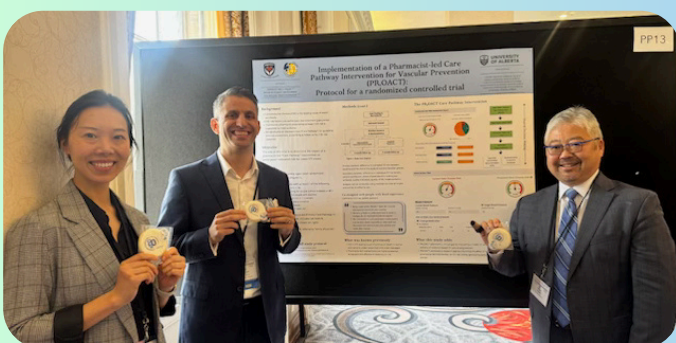
Keep up the amazing  
work, everyone!

## Inclusive Heart Health

2SLGBTQIA+ communities face **higher rates of cardiovascular risk** due to factors including chronic stress, discrimination, and limited access to inclusive care. Transgender individuals may have added risks related to hormone therapy and systemic barriers. Pharmacists can help close these gaps by providing **culturally safe, affirming care** to support **heart health equity**.



## PR<sub>x</sub>OACT Updates



PR<sub>x</sub>OACT was presented at the Strengthening  
Health with Research in Pharmacy Conference



Shoppers Drug Mart hosted an information  
session on PR<sub>x</sub>OACT - welcome all!



Folake & Team  
Site Visit at Shoppers Drug  
Mart Leduc



Questions? Contact Shania at:



+1 825 965 3258



Shania.Liu@ualberta.ca

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